



# SACRED HEART CATHOLIC SCHOOL SUNSMART POLICY

Originally Released 2005  
Reviewed 2016  
Due for Review 2018

## **RATIONALE**

Our SunSmart Policy has been developed to ensure that all students and staff attending Sacred Heart Catholic School are protected from skin damage caused by the harmful ultraviolet rays of the sun. It is to be implemented throughout the year.

## **STRATEGIES**

As part of our general SunSmart strategies our school will:

### **Behaviour**

- Require children to wear broad-brimmed hats whenever they are outside (e.g. recess, lunch, sport and excursions).
- Enforce a 'No Hat No Play' policy.
- P & F to work with the parent community to provide SPF30+ broad-spectrum, water-resistant sunscreen for all staff and student use.
- Encourage the daily application of sunscreen before school and prior to the lunch break.
- Encourage children to use the available areas of shade for outdoor activities.
- Request staff and parents to act as role models by practicing SunSmart behaviour.

### **Curriculum**

- Incorporate programs on skin cancer prevention into the curriculum at all grade levels.
- Regularly reinforce SunSmart behaviour in a positive way through school newsletters, parent meetings, and student and parent activities.
- Ensure that the SunSmart policy is reflected in the planning of all outdoor events (e.g. camps, excursions, sporting events).

### **Environment**

- Provide sun protective clothing items as part of our school uniform (e.g. collared polo-shirts, wide-brimmed hat)
- Schedule outdoor activities before 11.00am and after 4.00pm wherever possible.
- Schedule outdoor assemblies in an area where the children are shaded.
- Work towards increasing the number of shelters and trees so as to provide adequate shade in the school grounds eg Nature Play Area.

## **EVALUATION**

The Sacred Heart Catholic School Board will review the effectiveness of this policy annually (or as the need arises).

They will:

1. Review the SunSmart behaviour of students, staff, parents and visitors and make recommendations for improvement.
2. Access shade provision and usage and make recommendations for increases in shade provision.
3. Update and promote curriculum material relevant to SunSmart activities.